

How To Make a Valentines Heart

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Equipment Needed

- * Card for the template heart pieces
- * Wool Fabric/Felt in a variety of colours
- * Decorative Trim (45cm) and Ribbon (40cm)
- * Dressmaking Scissors
- * Berry Pins and Dressmaking Pins
- * Sawdust/Stuffing to fill the heart
- * Craft or Fabric Glue

Step One

Using the templates on page 2 redraw the heart pattern onto card (approx 15cm x 15cm) and cut out. Pin heart pattern pieces onto your fabric and cut out 2 heart shapes.



Step Two

Pin heart shapes together along the outer edge. You can either hand sew your hearts together with a simple running stitch or if using a sewing machine select a straight stitch. Remember to leave a 0.5cm seam allowance and a small gap on one of the long sides of the heart to put your stuffing in.

Step Three

Turn the hearts the right sides out and stuff with either Sawdust or Stuffing. Make sure you sew up the small gap.



Step Four

Attach your decorative fringe along the seam of your heart by pressing in Dressmaking Pins for a different effect. Use Craft or Fabric Glue to stick down any loose ends.



Step Five

Using Scissors cut some leaf and flower shapes from felt. Carefully arrange the felt pieces onto your heart. Attach these pieces by pressing colourful Berry Pins in along the edges. To prevent the Pins from sticking through the back, angle them into the centre of the heart.



Step Six

To form a hanging loop, cut a length of ribbon (approx 40cm long), fold in half and securely attach to the back of the heart.



Tips

*Experiment with different colours and shapes.

Heart Templates

