

## How To

# Hand Stich: Darning

By Fiona-Grace Pepler

(Photographed by Catherine Pepler)

Read Fiona-Grace's Blog at [www.threadspace.blogspot.com](http://www.threadspace.blogspot.com)



## Equipment Needed

- \* Korbond Darning Needles
- \* Matching Thread
- \* Light bulb / Darning Mushroom

Darning is a way of repairing threadbare fabrics or holes in garments. Rather than patching or sewing the hole closed, the technique allows you to repair the fabric by weaving over the hole.



### Step One

Try to select a mending thread that matching your garment in colour, weight and fibre. (In the demonstration images, thread has been chosen for contrast instead)



### Step Two

First create a structure to weave into by sewing back and forth across the hole. Make sure you anchor each thread securely and a good way into the undamaged edges of the garment, before you double back the other way otherwise your darning will come loose.



### Step Three

Don't pull these threads too tight – you're not closing the hole, you are aiming to fill it. An embroidery hoop might help to keep the tension even. If you're darning socks, it will be helpful to use a curved surface under your work to help keep the tension right. A darning mushroom is ideal but an old fashioned lightbulb will also do the trick



### Step Four

Now, turn your work a quarter turn, and sew across the hole again, this time weaving under and over the first threads as you go. Anchor securely with a few additional stitches at the edges.